

BETHANY ROGERS

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ACADEMIC & TEACHING WORK

Verkefnisstjóri (Project Manager at Kennslumiðstöð) | Háskóli Íslands, Reykjavík
AUGUST 2024 – PRESENT

- Won 1 million ISK grant total to design a program for teacher support at every level, both contracted and non-contracted staff
- Developed seminar program and mentoring program for new teaching staff at the University of Iceland after running a needs-assessment survey for staff at the School of Humanities
- Created AI specialization for course design at the University of Iceland

Stundakennari (Sessional Instructor) | Háskóli Íslands, Reykjavík
AUGUST 2019 – PRESENT

- SAG356G The Medieval Baltic and North Seas: The Hanseatic League as an Early Attempt at Globalisation, Fall 2024 (5.0 ECTS)
- SAG278G Women's Work in Medieval Iceland, Spring 2024 (5.0 ECTS)
- SAG353G Medieval Travelling and Pilgrimage Texts in Comparative Perspectives, Fall 2023 (10.0 ECTS)
- SAG446G Nútímasýn á Víkingaöld: Norræn saga og menning í nútímaskilningi, Spring 2023 (5.0 ECTS)
- SAG346G Mannfall og Matargerð, Fall 2021 (5.0 ECTS)
- SAG036G Introduction to the History of Iceland: From Settlement to Modern Times, Fall 2019 - Present (10.0 ECTS)
- MIS601M Medieval Food History in The North Atlantic & Beyond, Spring 2020 (5.0 ECTS)

Writing Tutor (English Language), The Writing Center | Háskóli Íslands, Reykjavík
AUGUST 2023 – AUGUST 2024

Aðstoðarmaður kennsluþróunarstjóra (Assistant Director of Instructional Development) | Háskóli Íslands, Reykjavík
AUGUST 2019 – DECEMBER 2022

- Worked closely with Matthew James Whelpton, Director of Academic Development, Department of Education
- Designed materials to aid staff in best practices for online teaching, post-pandemic pedagogy, technology implementation in the classroom, specializing in student engagement

Verkefnisstjóri (Project Manager), NemVoN | Háskóli Íslands, Reykjavík

OCTOBER 2021 – MARCH 2022

Instructor & Content Designer (Food History) | Háskóli Íslands, Reykjavík

Medieval MasterClass for Creators

OCTOBER – NOVEMBER 2020 (FILMED & EDITED)

Instructor & Content Designer | Medieval Icelandic Sagas edX course, UICelndX

AUGUST 2016 – AUGUST 2020

- Instructed 5000+ adult students worldwide on edX platform and social media for 6 weeks
- Created personalized, 1:1 learning experience about medieval Icelandic literature & culture
- Hosted Medieval Icelandic Sagas podcast to provide extra learning to students

Teacher & IT Manager | International School of Iceland, Garðabær

AUGUST 2011 – JUNE 2019



EDITORIAL EXPERIENCE

Regional Editor (Northern Europe) & Contributor | MHR Journal

FEBRUARY 2021 – DECEMBER 2023



LEADERSHIP EXPERIENCE

Vice-Chairman | Félag doktorsnema og nýrannsakenda á Hugvísindasviði [HUGDOK]

OCTOBER 2021 – PRESENT

Member (Board member 2019-2020) | Félag Doktorsnema og Nýdoktora við

Háskóla Íslands [FEDON]

AUGUST 2018 – AUGUST 2020

Committee Member & Organizer | NECRON [Network of Early Career

Researchers in Old Norse] Conference, University of Bergen

AUGUST 2018 – AUGUST 2020

Committee Member & Organizer (Highest Position: Vice-President) |

Háskóli Íslands Student Conference on the Medieval North

OCTOBER 2016 – OCTOBER 2020



SUPERVISORY EXPERIENCE

Co-supervisor, MA theses | Háskóli Íslands, Reykjavík

AUGUST 2021 – PRESENT

Thesis: The *finngálkn*: A review of literary sources from the 12th century to the 18th century

[submitted 5/2025]

Dante Abel, BA (co-supervised with Haraldur Berharðsson)

Thesis: *Lát græn sía*: Poetics of the Mouth in *Egils saga* and *Völsunga saga* [submitted 9/2024]

Freya Alethe Schlaefel, BA, MA (co-supervised with Torfi Tulinius)

Thesis: From Barbarians to Lifestyle Models: Reception of Viking Age Scandinavia Alimentation through Medieval Texts and Modern Cookbooks [submitted 5/2022]

Michelle Rosas, BA (co-supervised with Sverrir Jakobsson)



EDUCATION

Ph.D. in Medieval History (Part-time) | Háskóli Íslands, Reykjavík

AUGUST 2016 – PRESENT

Dissertation: *Áfram með smjörið*: The Cultural Significance of Dairy Products in Medieval Iceland

Advisor: Sverrir Jakobsson

Diploma in Higher Education Pedagogy | Háskóli Íslands, Reykjavík

M.A. in Medieval Icelandic Studies | Háskóli Íslands, Reykjavík

M.Ed in Secondary Education | University of Phoenix, Phoenix, AZ (US)

B.S. in News-editorial journalism | University of Illinois, Urbana, IL (US)



RESEARCH INTERESTS

- Medieval History
- Medieval Literature, especially sagas
- Education & Pedagogy
- Food History
- Anthropology of food



SKILLS

- Online education pedagogy
- Student-led pedagogy
- Technology integration in the classroom
- Curriculum development
- Differentiated instruction
- Cooperative learning
- Interactive learning
- Positive Discipline
- Research
- Copy editing
- Technical writing
- Information management
- Social media marketing
- Website design & management



GRANT CAPTURE

- Received 1 million ISK from Kennslumálasjóður 2023 grant allocation to prepare and test a support program for non-contracted instructors in the School of Humanities with Ásrún Jóhannsdóttir
- Received 1 million ISK from Kennslumálasjóður 2022 grant allocation for needs-assessment research to better prepare instructors in the School of Humanities with Ásrún Jóhannsdóttir
- Received 1 million ISK from Kennslumálasjóður 2021 grant allocation for staff training and pedagogical development with Matthew James Whelpton
- Received 5.1 million ISK from Eimskip / UI Research Fund 2019 grant allocation
- Received 1.3 million ISK grant from MS Iceland Dairies (Mjólkursamsalan) for special research for the year 2019
- Received 1.3 million ISK grant from MS Iceland Dairies (Mjólkursamsalan) for special research for the year 2018



PEER-REVIEWED PUBLICATIONS

Rogers, Beth. "Udder Calamity: Dealing with the Milk-Stealing Witch in Medieval Iceland." In A. Maraschi & A. A. Montanari (Eds.), *Becoming a Witch. Women and Magic in Medieval Europe in Europe During the Middle Ages and Beyond* (pp. 189-216). Budapest, Hungary: Trivent Publishing.

———. "Teaching in 2020 and What We'll Take into Future, Post-pandemic Classrooms." *Tímarit kennslumiðstöðvar Háskóla Íslands* 9, 1 (2021): 13-20.

Kapitan, K.A. Leslie-Jacobsen H.F., Murphy, L.J., Nygaard, S. & Rogers, B. (Eds.). (2020). *Selected Presentations from the Network of Early Career Researchers in Old Norse* (2017–2019). Aarhus Universitet Library Scholarly Publishing Services.
<https://doi.org/10.7146/aul.390>

Anderson, K., & Rogers, B. (2019). Disabled by the Societies We Live in: Knowing and Invoking Your Rights. In C. McMaster & B. Whitburn (Eds.), *Disability and the University: A Disabled Students' Manifesto* (pp. 149–158). New York, NY: Peter Lang Publishing.

Rogers, B. (2018). "Swedening the Deal: Food, Famine and Power in the Great Northern War." Published Proceedings of the Dublin Gastronomy Symposium (May 29–30, 2018).

———. (2018). "My disability does not define me." In C. McMaster, C. Murphy, & J. Rosenkrantz de Lasson (Eds.), *The Nordic PhD: Surviving and succeeding* (pp. 78–86). New York, NY: Peter Lang Publishing.

———. (2018). The Case of the Missing Valkyrja: The Women of the *Völsunga saga*. *Sagnir. Tímarit um söguleg efni* 32 (2018): 189–203.

———. (2017). 'Feast, Famine & Eating 'Every Nauseous Thing': Portrayals of Food in the Primary Chronicle. *Ruthenica* 14 (2017): 26–33.

FORTHCOMING PUBLICATIONS

———. (N/A). “Skyr Tactics: Female Power Through Protein in Medieval Iceland.” In *The North Atlantic World: Land and Sea as Cultural Space, AD 400-1900*, edited by Alexandra Sanmark. Turnhout, Belgium: Brepols. [in revision]



OTHER PUBLICATIONS

Iceland Review — Monthly Columnist, Food & Wine

DECEMBER 2023 – JUNE 2024

Medieval Warfare — Contributor, Article & Photos, “Daily Life in Medieval Iceland: The Tale of Gunnar and Hallgerður”

SPRING 2020 (Vol. IX, Issue 6, “Land of Fire & Ice: Warfare in Medieval Iceland”)

The Medieval Magazine — Columnist & Contributing writer

MAY 2017 – 2020

Medievalists.net — Columnist & Contributing writer

MAY 2017 – 2020



CONFERENCE PRESENTATIONS

More than 25 international presentations, including:

“Milk Moo-stache: Hoarding Butter-based Riches in Medieval Iceland” [Online]

30th annual International Medieval Congress, Leeds, July 3–6, 2023

“Skyr Tactics: Power Through Protein in Medieval Iceland” [Online]

The Institute for Northern Studies, University of the Highlands and Islands, 5th International St. Magnus Conference, Shetlands, Scotland, April 15–18, 2021

“Tales of Dairy–Do: Milk and the Habitus of the Medieval Icelandic People”

10th Biennial Conference of the European Society for Environmental History (ESEH) Conference, Tallinn, Estonia, August 21–25, 2019

“Tales of Dairy–do: The Cultural Identity of the Medieval Icelandic People”

16th Summer University Dedicated to Food & Drink Studies, Tours, France, Aug. 26–Sept. 2, 2018
“Land of Milk and Money: Sagas, Women and the Dairy Economy” 17th International Saga Conference, Reykjavik, August 12–17, 2018

“I Can’t Believe it’s Not Battle!: Skyr–Making and Memory in Medieval Iceland”

25th annual International Medieval Congress, Leeds, July 2–5, 2018



INVITED GUEST LECTURES

“Dairy, Destiny, and Disasters: Calamity and Community in Medieval Iceland”

Student Conference on the Medieval North (Keynote Speech)
University of Iceland, April 13, 2024

“Þeir sletta skyrinu sem eiga það: Origins and Mentalities of Scandinavian Food Culture in the Middle Ages”

University of Oslo (Norway), March 7, 2017



PROFESSIONAL ORGANIZATIONS

- Hugdok (Félag doktorsnema og nýrannsakenda á Hugvísindasviði)
- ESEH (European Society for Environmental History)
- NECRON (Network of Early Career Researchers of Old Norse)
- FÉDON (Félag Doktorsnema og Nýdoktora við Háskóla Íslands)



VOLUNTEER WORK

TEDx Reykjavík

Volunteer

June 2019 – June 2020

Community Arts Event

Community Arts Event

Arctic Circle Assembly

Volunteer, Háskóli Íslands booth

October 19–21, 2018

Rauða skáldahúsið

Organizing committee

November 2018 – July 2019

International School of Iceland

Language & Learning Support

January 2011 – June 2011



REFERENCES

Sverrir Jakobsson,

Professor in Medieval History

(PhD Advisor)

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Matthew James Whelpton,

Director of Curriculum Development

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Ásrún Jóhannsdóttir,

Adjunkt Professor

(Applied Linguistics – English)

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